

## INVEST IN OUR KIDS, INVEST IN OUR COMMUNITY

### THE IMPACT OF WEEKEND HUNGER

A child cannot learn on an empty stomach. For children who struggle with hunger, the weekends can be a difficult time, but Monday mornings can be worse. They arrive at school having gone 65 hours without adequate nutrition and cannot concentrate, their head hurts, their stomach hurts, many cannot stay in their seat and may quickly prove a distraction to the whole class. All week long they struggle to catch up academically and nutritionally and by the end of the week the gap between them and their peers has become insurmountable.

### WONEWOC-CENTER WOLF PACKS

Wolf Packs are a bag of nutritious food to help replace the school meals that children miss during their weekends and extended holiday breaks. All food is provided to children free of charge and discretely distributed on Fridays for the weekends or the last day before long breaks. 100% of donations go toward food in these packs.

Wolf Packs was created not just to provide children who need it with food, but also with an opportunity to have access to the same educational experience as their food secure peers. Hunger has a profound impact—children who go without enough food over a weekend do not come to school ready to learn and everyone suffers.

*For more information please be sure to check out our website:*

[www.feedingourcubs.org](http://www.feedingourcubs.org)



## MAKE A DIFFERENCE

With your help we can make Wolf Packs a sustainable program in our community. You can help by:

- **Donating financially**--\$200 will provide weekly Wolf Packs for one child for the entire school year.
  - Donations can be made to Feeding Our Cubs Inc. and dropped off at Royal Bank in Hillsboro or mailed to E16930 County Highway V, Hillsboro, WI 54634.
  - Feeding Our Cubs Inc. is recognized by the IRS as a tax-exempt nonprofit organization with 501(c)(3) status.
- **Donating product**--To help kids get through longer school breaks we include peanut butter and crackers in their bags. Peanut butter is a nutritionally rich food, packed with protein and fiber and good fats, and most kids love it! It is also one of the most expensive items in the program so your donations can make a huge difference. 16oz or 18oz jars (plastic only please) are the perfect size for kids!
- **Spread the word**--Maybe you can't give product or money right now, and that's okay. Being a cheerleader and champion of this cause is just as important! Please help us by spreading the word about weekend hunger, the impact it can have on a child's ability to learn and thrive and the chance that Wolf Packs has to change that. *Be a voice for hungry kids!*

## JOIN US IN SAYING NO TO WEEKEND HUNGER AND YES TO STRONGER COMMUNITIES

Questions? Comments? Know a Child in Need? Please contact Stacy at (608)445-3116 or Michelle Noll at 464-3165 or at [feedingourcubs@gmail.com](mailto:feedingourcubs@gmail.com)